LAS HADAS

Pastelería y Bistró



DESAYUNO | BREAKFAST

PARFAIT DE FRUTAS | FRUIT PARFAIT | $6.00
Cubos de fruta fresca con miel, granola y yogurt | Diced fresh fruit with honey, granola and yogurt

FRUTA DE TEMPORADA | SEASONAL FRUIT | $5.00
Lascas de frutas de temporada | Seasonal fruits in slices

HUEVOS BENEDICTINOS | EGGS BENEDICT | $10.00
Huevos escalfados sobre bagel, lechuga salteada, jamón canadiense bañado salsa holandesa de la casa | Poached eggs over bagel and ham in homemade hollandaise sauce

HUEVOS FRITOS AL SARTÉN | SKILLET FRIED EGGS | $9.00
Huevos fritos con salsa criolla sobre hojaldre, gratinados con queso mozzarella | Fried eggs with Creole sauce on puff pastry, gratin with mozzarella cheese

EMPAREDADO DE HUEVO | EGG SANDWICH | $8.00
Huevos fritos con lechuga, tomate, jamón y queso cheddar fundido en pan de molde | Fried eggs with lettuce, tomato, ham and melted cheddar cheese

HUEVOS AL GUSTO | EGGS YOUR WAY | $5.00
Elegir entre fritos, omelette o revueltos, con pan tostado | Fried, omelette or scrambled eggs, with toast

PANCAKES Y TOCINO | PANCAKES & BACON | $8.00
3 panquecas acompañadas de 3 tiras de tocino y manzana confitada | 3 pancakes and 3 bacon strips with candied sliced apples

TOSTADAS FRANCESAS | FRENCH TOAST I $10.00
Rebanadas de pan brioche, Grand Marnier, cubierto de toffee de caramelo | Slices of brioche bread, Grand Marnier, topped with caramel toffee

COMPLEMENTOS | COMPLEMENTS

TOCINO, JAMÓN O SALCHICHA | BACON, HAM OR SAUSAGES | $4.00
4 unidades por orden | 4 units per order

TORTILLA, CARIMAÑOLA O PAPAS RALLADAS | TORTILLA, CARIMAÑOLA OR HASH BROWNS | $3.00
2 unidades por orden | 2 units per order

PAN TOSTADO CON MANTEQUILLA | BREAD TOASTS AND BUTTER I $2.00
2 unidades por orden | 2 units per order

ENTRADAS | APPETIZERS

CEVICHE DE CORVINA | SEA BASS CEVICHE | $10.00
Ceviche de pescado macerado en limón con chips de plátano | Fish ceviche marinated in lemon, with a side of fried green plantain chips

CEVICHE DE CORVINA A LA INGLESA | CREAMY SEA BASS CEVICHE | $12.00
Coctel de pescado con manzana y uvas a la inglesa con chips de plátano | Fish cocktail with green apples and grapes in a creamy sauce and a side of fried green plantain chips

CEVICHE DE CAMARÓN | SHRIMP CEVICHE | $12.00
Ceviche de camarón al limón con maracuyá y chips de plátano | Shrimp ceviche in lemon and passionfruit juice

CÓCTEL DE CAMARÓN CALIPSO | CALYPSO SHRIMP COCKTAIL | $12.00
Cóctel de camarones servido en una salsa especial con catsup agridulce y mango | Shrimp cocktail served in a special sauce of sweet and sour ketchup and mango

Precios no incluyen ITBMS. Prices do not include tax.

SALPICÓN DE PULPO | OCTOPUS SALMAGUNDI | $12.00
Pulpo salteado con ajos rostizados y aceitunas, con un ligero toque de limón y picante | Sautéed octopus with roasted garlic and olives, with a light touch of lemon and spice

SANCOCHO PANAMEÑO | PANAMANIAN SANCOCHO | $8.50
Sopa de pollo con ñame baboso, pollo con especias y culantro, servida con arroz blanco | Chicken soup with yam, spiced chicken and coriander, served with white rice

SOPA DE LENTEJAS | LENTILS SOUP | $8.50
Sopa de lentejas con carne y vegetales | Lentil soup with beef and vegetables

ENSALADAS | SALADS

ENSALADA GRIEGA | GREEK SALAD | $10.00
Pepino, tomate, cebolla, pimiento verde, Kalamata y queso feta marinado, aderezada con vinagreta de oliva y limón, servida con pan pita | Cucumber, tomato, onion, green pepper, kalamata and marinated feta salad, garnished with olive and lemon vinaigrette, served with pita bread

ENSALADA CÉSAR CON POLLO | CAESAR SALAD WITH CHICKEN $10.00
Crujiente lechuga romana, crotones de pan con ajo, pollo grillado y aderezo especial con anchoa y tocino | Crispy romaine lettuce, garlic bread croutons, grilled chicken and special anchovy bacon dressing

ENSALADA COBB CON SALMÓN | SALMON COBB SALAD | $12.00
Salmón ahumado, queso, pepino, huevo cocido, cebolla, tomate, palmito, aguacate y tocino con aderezo balsámico | Smoked salmon, cheese, cucumber, boiled egg, onion, tomato, hearts of palm, avocado and bacon with balsamic dressing

ENSALADA TROPICAL | TROPICAL SALAD | $12.00
Lechuga romana servida con uvas, dátiles y melocotones deshidratados, tomate y cebolla con aderezo de crema balsámica, aguacate y pollo grillado | Romaine lettuce served with grapes, dates, tomatoes, and onions with balsamic cream dressing, bacon shavings, avocado, and grilled chicken

ARROCES | RICE

ARROZ CON POLLO | RICE WITH CHICKEN | $12.00
Arroz con pollo guisado con sofrito criollo, caldo de pollo achiotado y brunoise de vegetales | Rice with chicken stewed with Creole sauce, chicken broth with achiote and vegetable brunoise

ARROZ CON PLÁTANO AL CURRY | RICE WITH CURRY PLANTAIN CON POLLO | WITH CHICKEN | $12.00
CON CAMARÓN | WITH SHRIMP | $14.00
Arroz en salsa cremosa de curry, con ajo, cebolla, guisantes y cubos de plátano maduro fritos | Rice in creamy curry sauce, with garlic, onion, peas and fried ripe banana cubes

ARROZ FRITO CON PUERCO AHUMADO | FRIED RICE WITH SMOKED PORK | $12.00
Arroz preparado con brunoise de vegetales salteados al wok, trocitos de puerco asado, caldo de vegetales y salsa soya oriental | Rice prepared with brunoise of vegetables sautéed in a wok with roasted pork, vegetable broth and oriental soy sauce

GUACHO DE MARISCO | SEAFOOD GUACHO | $14.00
Arroz meloso con mixto de mariscos, preparado con sofrito criollo, culantro y ají chombo | Creamy rice with mixed seafood prepared with Creole sauce, coriander and ají chombo pepper

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ESPECIALES | SPECIALS

NACHOS DE POLLO, CHILI CON CARNE O MIXTOS | BEEF CHILI, CHICKEN OR MIXED NACHOS
MINI | $13.00
SUPER | $19.00
Crujientes totopos de maíz, servidos con frijoles molidos, queso cheddar y mozzarella, chili con carne o pollo, con pico de gallo, crema agria, guacamole y jalapeño | Crispy corn chips, served with ground beans, cheddar and mozzarella cheese, chili con carne or chicken, with pico de gallo, sour cream, guacamole and jalapeño

TACOS DE POLLO | CHICKEN TACOS | $12.00
Suaves o crujientes tortillas de maíz blanco rellenas de frijoles refritos, pollo especiado, queso pepper jack y salsa mexicana | Crunchy or soft white corn tortillas stuffed with refried beans, spiced chicken, shredded pepper jack and Mexican sauce

QUESADILLAS DE POLLO | CHICKEN QUESADILLAS | $12.00
Suave tortilla de harina servida con pollo salteado con pimientos y cebolla, quesos mozzarella y cheddar y salsa mexicana | Soft flour tortilla served with chicken sautéed with peppers and onions, mozzarella and cheddar cheese and Mexican sauce

CREPAS DE POLLO | CHICKEN CREPES | $12.00
Suaves tortillas rellenas de pollo, hongos y queso suizo | Soft flour tortillas stuffed with chicken, mushrooms and swiss cheese

PHILLY CHEESE STEAK | $12.00
Emparedado en pan baguette con filete de res salteado con cebolla y pimentón, gratinado con queso mozzarella, servido con lechuga, tomate y mayonesa de la casa y acompañado de papas fritas | Baguette sandwich with beef fillet sautéed with onion and bell peppers au gratin, lettuce, tomato and house mayonnaise, served with French fries

CLUB SANDWICH | $13.50
Crujiente emparedado en pan molde con jamón, pechuga de pollo, tocino, queso mozzarella, lechuga, tomate y mayonesa de la casa y papas fritas | Crispy sandwich with ham, chicken breast, bacon, mozzarella cheese, lettuce, tomato and house mayonnaise; served with French fries

PANINI DE POLLO CRISPY | CRISPY CHICKEN PANINI | $12.00
Pechuga de pollo apanada, jugosas tiras de tocino ahumado, lechuga, tomate y queso mozzarella; acompañado con papas fritas | Breaded chicken breast, juicy smoked bacon strips, lettuce, tomato and mozzarella cheese; served with French fries

HAMBURGUESA LAS HADAS | LAS HADAS BURGER | $14.00
Jugosa carne Angus de 8oz, lechuga, tomate, cebolla caramelizada, tocino, queso cheddar y mayonesa de la casa; acompañada con papas fritas | Juicy 8oz angus beef, lettuce, tomato, caramelized onion, bacon, cheddar cheese and house mayo; with French fries

CUBANO | CUBAN SANDWICH | $12.00
Pernil mechado, jamón cocido de cerdo, pepinillo, queso suizo, mostaza y mayonesa de la casa; acompañado de papas fritas | Larded roast leg, cooked pork ham, pickles, Swiss cheese, mustard and house mayonnaise; served with French fries

LASAÑA DE CARNE NAPOLITANA | NEAPOLITAN BEEF LASAGNE | $10.00
Carne boloñesa con queso mozzarella gratinada y pan de ajo | Bolognese beef, grated mozzarella cheese, au gratin with parmesan bread

LASAÑA DE POLLO CON HONGOS Y ESPINACA | CHICKEN LASAGNE WITH MUSHROOM AND SPINACH | $10.00
Pollo en salsa blanca con salteado de hongos y espinaca y gratinado de queso mozzarella | Chicken in creamy sauce with sautéed mushrooms and spinach and mozzarella cheese gratin

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FETUCCINI A LA BOLOÑESA | FETTUCCINE BOLOGNESE | $10.00
Pasta al dente con carne a la boloñesa acompañado de pan de ajo y parmesano | Pasta al dente with meat Bolognese with garlic and parmesan bread

FETUCCINI ALFREDO | FETTUCCINE IN ALFREDO SAUCE | $8.00
CON POLLO | WITH CHICKEN | $11.00
CON CAMARÓN | WITH SHRIMP | $14.00
Pasta al dente en una cremosa salsa y queso parmesano, acompañado de pan de ajo y parmesano | Pasta al dente in creamy sauce and mozzarella cheese with garlic and parmesan bread

POLLO A LA PARRILLA | GRILLED CHICKEN | $14.00
Jugosa pechuga de pollo sobre una cama de espárragos y puré de papas | Tender chicken breast over grilled asparagus and mashed potatoes

FILETE AL GRATÉN | STEAK AU GRATIN| $17.00
Medallón de filete de res con pimientos y cebollas salteadas, gratinado con mozzarella, acompañado de vegetales asados | Steak medallion with peppers and sautéed onions, gratin with mozzarella, accompanied by roasted vegetables

CORVINA A LA PLANCHA | GRILLED SEA BASS| $17.00
Filete de corvina a la plancha en salsa de ajos, con yuca frita o patacones | Grilled sea bass fillet in garlic sauce with fried yuca or fried green plantains

SALMÓN TERIYAKI | TERIYAKI SALMON | $19.00
Salmón a la plancha con salsa teriyaki sobre vegetales al vapor y cebollas salteadas | Grilled salmon with teriyaki sauce, over steamed vegetables and sautéed onions

POLLO A LA KING | CHICKEN À LA KING | $14.00
Cubos de pechuga en salsa cremosa con hongos y vegetales sobre una cama de papas hervidas | Diced chicken breast in a creamy sauce with mushrooms and vegetables over boiled potatoes

FILETE DE RES AL WOK | WOK BEEF STEAK | $12.00
Salteado de filete de res con vegetales y fideos chinos. Con un toque de sriracha y mango chutney | Stir-fried beef steak with vegetables and Chinese noodles. With a hint of sriracha and mango chutney

BEBIDAS | BEVERAGES

CAFÉ AMERICANO, REGULAR O DESCAFEINADO | AMERICAN, REGULAR OR DECAF COFFEE | $3.00

CAPPUCCINO | $4.00

MOCACCINO | $4.00

ESPRESSO | $2.75

CAFÉ CON LECHE | CAFÉ AU LAIT | $4.00

CHOCOLATE FRÍO O CALIENTE | HOT OR COLD CHOCOLATE | $4.00

SELECCIÓN DE TÉ | TEA SELECTION | $3.50

LICUADOS NATURALES | FRESH FRUIT JUICE | $3.00

SMOOTHIE DE FRUTAS | FRESH FRUIT SMOOTHIE| $6.00

BATIDO | MILKSHAKE | $5.00

SODAS | $2.50

VINO TINTO O BLANCO DE LA CASA | RED OR WHITE HOUSE WINE
COPA | GLASS | $6.00
BOTELLA | BOTTLE | $18.00

SANGRÍA
COPA | GLASS | $5.00
JARRA| PITCHER| $15.00

CERVEZAS NACIONALES | DOMESTIC BEERS | $3.50

CERVEZAS IMPORTADAS | IMPORTED BEERS | $5.50

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